

# Miglena Y. Ivanova

## Curriculum Vitae

Last Updated March 2024

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## Education

**Ph.D. Candidate**  
**Psychology**  
anticipated 2025

### The Pennsylvania State University | University Park, PA

Advisor: Dr. Rina D. Eiden

Dissertation: *in progress*

Committee members: Drs. Rina D. Eiden, Jenae M. Neiderhiser, Damon E. Jones, Karen L. Bierman, Lydia G. Speyer

**M.S.**  
**Psychology**  
2020 – 2022

### The Pennsylvania State University | University Park, PA

Thesis: *Codeveloping trajectories of externalizing and internalizing behavior problems from toddlerhood to early school age: Role of prenatal substance exposure and caregiver sensitivity*

Committee members: Drs. Rina D. Eiden, Jenae M. Neiderhiser, Peter C. M. Molenaar

**B.S.**  
**Psychology &**  
**Psychiatric**  
**Rehabilitation**  
2015 – 2019

### Montana State University | Billings, MT

Graduated *Summa Cum Laude*; University Honors Scholar

Honors Thesis: *Gender stereotypes: Do people still perceive certain behavioral traits as more masculine or feminine?*

Advisor: Dr. Doxey Hatch

## Skills

### Research

Problem Solving & Resourcefulness  
Research Design & Methodology  
Literature Reviews (including systematic)  
Review & Citation Management (EndNote, Covidence)  
Observational Data Coding  
Qualitative Data Coding  
Quantitative Data Coding  
Structured Participant Interview  
Data Collection & Management  
Participant Recruitment  
Public Speaking & Presentation  
Transcription

### Clinical

Direct Patient Care  
Crisis Intervention  
Therapeutic Communication  
Group Therapy Facilitation

### Technical

Microsoft Office Suite  
Data Entry & Syntax Writing  
Data Analysis (LCA, TVEM, MLM, SEM)  
Meta-Analysis  
Data Quality Assurance  
Software (SPSS, Mplus, R, SAS)  
Visual Design (Photoshop, Canva)  
Survey Development (Redcap, Qualtrics, Forms)  
Social Media Management (Facebook, Instagram, X)

### Interpersonal & Leadership

Project Management  
Team Leadership  
Student Mentoring  
Advocacy

### Languages

Bulgarian (Native)  
English (Fluent)  
French (Intermediate)

## Research Experience

2022 – present

**Prevention and Methodology Training Fellow (T32-DA017629; Lanza & Maggs)  
Edna Bennett Pierce Prevention Research Center, The Pennsylvania State  
University**

**Mentors: Drs. Rina D. Eiden, Ashley Linden-Carmichael, Jenae M. Neiderhiser, Qiushi Chen**

- Engaged in prevention research focusing on codevelopment of internalizing and externalizing behavior problems, distinct pathways to these patterns, and their implications on differential substance use outcomes
- Used time-varying effect modeling to investigate the dynamic relationships between behavior problems and substance use outcomes
- Received quantitative training in person-centered approaches and machine learning

2020 – present

**Graduate Research Assistant**

**Department of Psychology, The Pennsylvania State University**

**Development, Risk, and Resilience Lab | P.I.: Dr. Rina D. Eiden**

- Coordinated data collection with local and remote research sites
- Completed literature reviews, data management and data analyses
- Supervised, trained, and mentored undergraduate research assistants
- Spearheaded an extensive systematic review (284,161 abstracts imported for screening); trained and managed a diverse team of 39 graduate and undergraduate research assistants, including international and non-university organizations

**Individual Project Highlights:**

- *Prenatal Tobacco and Cannabis Exposure: A Translational Study (R21/R33-DA045640); Developmental Pathways of Violence and Substance Use in a High-Risk Sample (R01-DA041231)*: Led behavioral coding team (i.e., “Wrong Gift” emotional regulation scheme) and served as a reliability coder; assisted with data cleaning and analyses; co-wrote SPSS syntax; developed data collection instruments in REDCap to investigate impacts of COVID-19 on children's mental health; identified and contacted eligible participants using IBM Notes; followed policies for access to sensitive participant data; supported project coordinators with administrative tasks (e.g., IRB modifications, participant compensation)
- *Strong Foundations: Intervening to Promote Co-parenting and Reduce Father Hazardous Drinking in Expectant Parents (R01-AA027708)*: Assisted with recruitment for randomized clinical trial; designed recruitment materials; managed social media accounts (i.e., Facebook, Instagram); piloted targeted advertising based on demographic analyses to increase diversity of screeners to bridge gap between marketing and clinical research
- *Parenting and Infant Development in Alcoholic Families (R01-AA010042, R21-AA021617)*: Assisted external collaborators with literature review of internalizing trajectories as they relate to parent-child attachment; data cleaning & multilevel analyses using SPSS and SAS

**Gene Environment Interplay Across the Lifespan Lab | P.I.: Dr. Jenae Neiderhiser**

- Collaborated with interdisciplinary graduate students, postdoctoral scholars and faculty; offered perspectives on genetic and environmental influences on child development

- Gained proficiency in behavioral genetic designs, encompassing traditional (twin/adoption) and molecular genetic approaches, while also exploring common challenges and novel advancements addressing limitations
- Prepared and delivered visually engaging presentations to communicate research
- Helped optimize pipeline for graduate students to use public data from NIH-funded ECHO-wide (Environmental Influences on Child Health Outcomes Program) Cohort Study; assisted colleagues with troubleshooting

2020 – 2021

**Graduate Research Assistant****Child Study Center, The Pennsylvania State University**

- Facilitated faculty grant development, providing essential research support and contributing to the success of research initiatives
- Enhanced the Child Study Center's online presence by producing website spotlights to showcase student achievements and research activities
- Recorded, transcribed, and distributed meeting minutes
- Led reorganization of filing system during transition from Box to OneDrive

2019 – 2020

**Research Assistant****Department of Psychology, University of Denver****Traumatic Stress Studies Group | P.I.: Dr. Anne DePrince**

- Contributed to Title IX Project, examining coordinated responses to domestic violence and sexual abuse across criminal justice and community-based systems
- Encoded quantitative data from 200+ reports and qualitative data from 50+ interviews, ensuring data accuracy and integrity
- Conducted and transcribed structured interviews with directors of victim service agencies to investigate the impact of funding on provided services
- Trained new lab members on data entry and qualitative coding, ensuring the use of best research practices

**Doom Lab | P.I.: Dr. Jenalee Doom**

- Conducted in-depth literature review, summarizing 300+ articles on the impact of early psychosocial stress on adult mental and physical health
- Contributed to meta-analysis examining the association between social support and body mass index (BMI) by evaluating 2000+ abstracts using Covidence
- Received training in physiological stress assessment via measurement of cortisol in saliva and hair
- Performed extensive literature review on connection between telomere length and mental illness

2016 – 2019

**Independent Research****Department of Psychology, Montana State University Billings****Advisor: Dr. Matthew McMullen**

Project: *Do depressed people tend to search for depression on the internet: What does big data tell us?*

- Conducted study exploring the relationship between big data from Google searches and the prevalence of psychological disorders across states
- Contacted national agencies to gather data on the prevalence of various psychological disorders, plus demographic and socioeconomic variables (e.g., poverty, internet accessibility, substance abuse rates)
- Analyzed and visualized data using R and SPSS

Project: *How certain are you that you have good memory?*

- Designed, executed, and presented original research study investigating everyday memory and the impact of repetition and preference on memory retention

- Collected, entered, and analyzed data from 85 participants using Excel and SPSS

**Advisor: Dr. Brent Finger**

Project: *The use of corporal punishment on children – arguments, research, and limitations*

- Conducted in-depth literature review on the effects of corporal punishment on children's development and long-term well-being; Critically evaluated and compared meta-analyses and experimental studies to summarize existing research

Project: *Attachment matters*

- Investigated and reviewed recent psychological research on attachment, effectively summarizing and presenting key findings on the importance of secure attachment in early childhood development and its long-lasting impact on emotional well-being

## Publications

### Peer-Reviewed Publications

- Seay, D. M., **Ivanova, M. Y.**, Nickerson, A. B., Godleski, S., Schuetze, P., & Eiden, R. D. (2023). Family risk exposure profiles during early childhood: Developmental processes and adolescent well-being. *Adversity and Resilience Science*, 4, 151-170. <https://doi.org/10.1007/s42844-023-00090-4>. PMID: PMC10426761
- Eiden, R. D., Perry, K., **Ivanova, M. Y.**, Marcus, R. C. (2023). Prenatal substance exposure. *Annual Review of Developmental Psychology*, 5. <https://doi.org/10.1146/annurev-devpsych-120621-043414>.
- Level, R. A., Shisler, S. M., Seay, D. M., **Ivanova, M. Y.**, Kelm, M. R., Eiden, R. D., & Schuetze, P. (2021). Within- and between-family transactions of maternal depression, parenting, and child engagement in the first two years of life: Role of prenatal maternal risk and tobacco. *Depression and Anxiety*, 38, 1279–1288. <https://doi.org/10.1002/da.23211>.

### Manuscripts in Preparation, Revision or Under Review

- Ivanova, M. Y.**, Seay, D. M., Paquin, S., Zhou, A. M., Chen, T., & Neiderhiser, J. *Genetic and environmental influences on co-occurring internalizing and externalizing problems across development*. Manuscript in revision.
- Ivanova, M. Y.**, Eiden, R. D., Seay, D. M., Perry, K. J., & Linden-Carmichael, A. N. *Time-varying associations between early childhood internalizing and externalizing problems: Codevelopment and sex differences*. Manuscript in revision.
- Ivanova, M. Y.**, Seay, D. M., Zhao, J., Schuetze, P., & Eiden, R. D. *Prenatal substance exposure and codeveloping internalizing and externalizing trajectories: Moderating roles of caregiver sensitivity and environmental risk*. Manuscript in preparation.
- Ivanova, M. Y.**, & Eiden, R. D. *Long-term effects of parental alcohol use on adolescent internalizing and externalizing problems: Additive or protective effects of parent-child attachment styles?* Manuscript in preparation.
- Ivanova, M. Y.**, Perry, K. J., Masum, M., Rahal, D., Richards, V. L., & Hinds, J. T. *Heterogeneity in protective factors as buffers for unique risk factors and cigarette use*. Manuscript in preparation.
- Zhou, A. M., **Ivanova, M. Y.**, McDoniel, M. E., Lobo, F. M., & Buss, K. A. *Between- and within-child effects in the codevelopment of internalizing and externalizing behaviors across early childhood: Associations with temperamental risk*. Manuscript in revision.
- Zhao, J., Seay, D. M., Schuetze, P., **Ivanova, M. Y.**, Ettekal, I., & Eiden, R. D. *The timing of the effects of prenatal cocaine exposure, harsh parenting, and caregiving instability on child respiratory sinus arrhythmia functioning from 1 month to kindergarten years: A time-varying effect model approach*. Manuscript in preparation.
- Zhao, J., Dane, A., Seay, D. M., **Ivanova, M. Y.**, Eiden, R. D., Wang, W., & Zhao, J. *A brief review on culture and temperament*. Manuscript in preparation.
- Seay, D. M., Marcus, R. C., Perry, K. J., **Ivanova, M. Y.**, Level, R., Ostrov, J., Nickerson, A. B., Godleski, S., Schuetze, P., & Eiden, R. D. *Resilience and Adolescent Adjustment Outcomes*. Manuscript in preparation.

## Presentations

\*\* DENOTES UNDERGRADUATE STUDENT MENTEE

### Talks and Paper Presentations

Submitted	<u>Ivanova, M. Y.</u> , Livingston, J. A., Jones, D. E., & Eiden, R. D. <i>Long-term effects of paternal alcohol use problems and family conflict on adolescent internalizing and externalizing problems: Additive or protective effects of parent-child attachment styles?</i> Society for Prevention Research 32nd Annual Meeting, Washington, D.C
Submitted	Seay, D. M., <u>Ivanova, M. Y.</u> , Ganiban, J. M., Shaw, D. S., Natsuaki, M. N., Leve, L. D., Neiderhiser, J. M. <i>Factors shaping resilience in children facing genetic vulnerability and adverse home environments.</i> 2024 Behavior Genetics Association Annual Meeting, London, UK
Nov 2023 Talk	<u>Ivanova, M. Y.</u> <i>A comprehensive review of theoretical explanations of codeveloping internalizing-externalizing dynamics, etiological pathways, and common analytical methods.</i> The Pennsylvania State University, University Park, PA
Aug 2023 Invited Panelist	<u>Ivanova, M. Y.</u> , Perez, L., Crabb, C., & Chahl, A. <i>Improving Access to Research and Training (IMPACT)</i> , supported by the NIH (R25-HL147668), aiming to support undergraduate students from disadvantaged backgrounds, underrepresented racial and ethnic groups and students with disabilities. The Pennsylvania State University, University Park, PA
May 2023 Paper	<u>Ivanova, M. Y.</u> , Perry, K. J., Masum, M., Rahal, D., Richards, V. L., & Staff, J. <i>Heterogeneity in protective factors as a buffer for unique risk factors and cigarette use.</i> Finalist at the 18th Annual Sloboda and Bukoski SPR Cup Competition: “The role of prevention science in achieving social justice and health equity for all.” Society for Prevention Research 31st Annual Meeting, Washington, D.C
Mar 2023 Paper	<u>Ivanova, M. Y.</u> , Seay, D. M., Perry, K. J., Eiden, R. D., & Linden-Carmichael, A. N. <i>Time-varying associations between early childhood internalizing and externalizing problems: Codevelopment and sex differences.</i> Symposium: “Continuing the quest towards understanding co-occurring internalizing and externalizing problems: Methodologies, risks, and clinical implications.” Chair: <u>Miglena Y. Ivanova</u> . Discussant: Daniel Shaw. Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, UT
Mar 2023 Flash Talk	Zhou, A. M., <u>Ivanova, M. Y.</u> , McDoniel, M. E., & Buss, K. A. <i>Co-occurring internalizing and externalizing behaviors during the transition to kindergarten: Disentangling between- and within-individual associations.</i> Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, UT
Apr 2018 Talk	<u>Ivanova, M. Y.</u> <i>How certain are you that you have good memory?</i> 45th Annual Conference of the Western Regional Honors Council, Orange, CA
Apr 2018 Talk	<u>Ivanova, M. Y.</u> , Barthruly, H., Branson, D., Chevalier, A. L., Downing, J., & Mill, B. <i>Food waste and insecurity among MSUB students.</i> 5th Annual Research, Creativity & Community Involvement Conference, Billings, MT

### Poster Presentations

Submitted	<u>Ivanova, M. Y.</u> , **Herrera, K. C., Godleski, S. A., Feinberg, M. E., Derman, K., & Eiden, R. D. <i>Navigating the digital landscape: Insights, lessons learned, and recommendations for social media recruitment for clinical trials.</i> Society for Prevention Research 32nd Annual Meeting, Washington, D.C.
Accepted	<u>Ivanova, M. Y.</u> , Mattern, H. M., & Scherf, S. <i>Breaking the mold and celebrating us for us: A qualitative exploration of the unique needs and untapped potential of neurodivergent scholars in the academic terrain.</i> 2024 Association for Psychological Science Convention, San Francisco, CA

- Accepted** \*\*Venkataramanan, V., & Ivanova, M. Y. *Beyond irritability: How parental sensitivity and child neurocognition shape child behavior.*  
2024 Association for Psychological Science Convention, San Francisco, CA
- Accepted** \*\*Chattoraj, T., & Ivanova, M. Y. *Breaking boundaries: Unraveling the link between childhood maltreatment and parental sensitivity.*  
2024 Association for Psychological Science Convention, San Francisco, CA
- Accepted** \*\*Sharma, S., \*\*Kalotihos, L., & Ivanova, M. Y. *Pandemic-related social factors contributing to post-COVID anxiety and depression levels among young adults in the US and India.*  
2024 Association for Psychological Science Convention, San Francisco, CA
- Mar 2024** Perry, K. J., Ivanova, M. Y., Masum, M., Rahal, D., Richards, V. L., & Hinds, J. T. *State inequality exacerbates the impact of discrimination on cigarette smoking for transgender adults.*  
2024 Society for Nicotine and Tobacco Research Annual Conference, Edinburgh, Scotland.
- May 2023** Ivanova, M. Y., Stull, S. W., Eiden, R. D., Nickerson, A. B., Ostrov, J. M., Godleski, S. A., Schuetze, P., & Linden-Carmichael, A. N. *Profiles of co-occurring internalizing and externalizing problems and adolescent substance use.*  
Society for Prevention Research 31st Annual Meeting, Washington, D.C.
- May 2023** \*\*Suomela, M. L., & Ivanova, M. Y. *Why women with ADHD experience lower quality of life? The mediating role of symptom-related impairment.*  
2023 Association for Psychological Science Convention, Washington, D.C.
- May 2023** Marcus, R. C., Ivanova, M. Y., Kelm, M. R., Schuetze, P., & Eiden, R. D. *Impact of middle childhood maternal psychological symptoms on early adolescence mental health: Moderation by COVID-19 changes.*  
Society for Prevention Research 31st Annual Meeting, Washington, D.C.
- Apr 2023** Finger, B., Ivanova, M. Y., Schuetze, P., Nickerson, A. B., Ostrov, J. M., Godleski, S. A., & Eiden, R. D. *Gender moderated pathways from parenting and respiratory sinus arrhythmia to adolescent externalizing behavior.*  
2023 Rocky Mountain Psychological Association Convention, Albuquerque, NM
- Apr 2023** \*\*Herrera, K. C., & Ivanova, M. Y. *Organic social media strategy for recruiting pregnant couples with a moderate-to-heavy drinking partner: Recommendations for expanding clinical trial recruitment.*  
2023 Psi Chi Undergraduate Research Conference, University Park, PA
- Mar 2023** Ivanova, M. Y., Seay, D. M., Zhao, J., Schuetze, P., & Eiden, R. D. *Prenatal substance exposure and environmental risk influences on codeveloping internalizing and externalizing trajectories.*  
Society for Research in Child Development 2023 Biennial Meeting, Salt Lake City, UT [Top-scoring abstract nominated for 2023 Student and Early Career Council Poster Competition]
- Feb 2023** \*\*Suomela, M. L., & Ivanova, M. Y. *Gender differences in impairment and quality of life among adults with ADHD.*  
94th Eastern Psychological Association Conference, Boston, MA
- Sep 2022** Ivanova, M. Y., Schuetze, P., Seay, D. M., & Eiden, R. D. *Codeveloping early childhood trajectories of internalizing and externalizing problems in a disadvantaged U.S. sample.*  
13th European Society for Prevention Research Conference, Tallinn, Estonia
- May 2022** Ivanova, M. Y., \*\*Herrera, K. C., Godleski, S., Feinberg, M. E., Colder, C. R., Derman, K., Sassaman, J., & Eiden, R. D. *Recruiting in times of COVID-19: Traditional vs. social media recruitment methods for a randomized clinical trial of first-time expecting parents.*  
Society for Prevention Research 30th Annual Meeting, Seattle, WA
- May 2022** Marcus, R., Ivanova, M. Y., Godleski, S., Nickerson, A., Ostrov, J., Schuetze, P., & Eiden, R. D. *Role of caregiver pre- to postnatal substance use and early adolescent peer processes on late adolescent substance use.*  
Society for Prevention Research 30th Annual Meeting, Seattle, WA



<b>Apr 2022</b>	**Suomela, M. L., <u>Ivanova, M. Y.</u> , & Eiden, R. D. <i>Age of diagnosis, quality of life, and functional impairment among adults with ADHD: Differences between men and women.</i> 2022 Psi Chi Undergraduate Research Conference, University Park, PA
<b>Apr 2022</b>	**Herrera, K. C., & <u>Ivanova, M. Y.</u> <i>Using organic social media content as a complementary recruitment strategy for a randomized clinical trial.</i> 93rd Eastern Psychological Association Conference, New York City, NY
<b>May 2021</b>	<u>Ivanova, M. Y.</u> , Eiden, R. D., & Schuetze, P. <i>Stress and smoking during pregnancy: Associations with internalizing behavior problems at kindergarten age.</i> 2021 Association for Psychological Science Virtual Convention
<b>Apr 2021</b>	Kelm, M. R., <u>Ivanova, M. Y.</u> , Schuetze, P., & Eiden, R. D. <i>Maternal psychological distress and parenting behavior in a low-income sample: Moderation by maternal substance use.</i> Society for Research in Child Development 2021 Virtual Biennial Meeting
<b>Apr 2019</b>	<u>Ivanova, M. Y.</u> <i>Do depressed people tend to search for depression on the Internet: What does big data tell us?</i> 99th Western Psychological Association Annual Convention, Pasadena, CA
<b>Mar 2019</b>	<u>Ivanova, M. Y.</u> <i>Gender stereotypes: Do people still see certain behavioral traits as more masculine or feminine?</i> 46th Western Regional Honors Council Annual Conference, Bozeman, MT
<b>Apr 2018</b>	<u>Ivanova, M. Y.</u> <i>The use of corporal punishment on children - arguments, research, and limitations.</i> 5th Annual Research, Creativity & Community Involvement Conference, Billings, MT
<b>Apr 2017</b>	<u>Ivanova, M. Y.</u> <i>Attachment matters.</i> 4th Annual Research, Creativity & Community Involvement Conference, Billings, MT
<b>Apr 2016</b>	<u>Ivanova, M. Y.</u> <i>12 alternative treatments in addition to the 12-step program.</i> 3rd Annual Research, Creativity & Community Involvement Conference, Billings, MT

## Awards & Honors

### Fellowships/Honors

<b>2024 – 2025</b>	Strumpf Scholar Award
<b>2024</b>	Pennsylvania Psychological Foundation Student Award
<b>2022 – 2024</b>	Prevention and Methodology Training Fellowship (T32-DA017629, MPIs: Maggs & Lanza)
<b>2023</b>	Social Science Research Institute Consortium on Substance Use & Addiction Best Poster Award
<b>2023</b>	Society for Prevention Research 18th Annual Sloboda and Bukoski Cup Competition Finalist
<b>2022 – 2023</b>	Graduate Scholar Award
<b>2021</b>	Strumpf Graduate Enhancement Award
<b>2019</b>	Golden Merit Award ( <i>Most distinguished undergraduate award at Montana State University</i> )
<b>2019</b>	Outstanding Senior in Academic Achievement in Psychology ( <i>One award given per year</i> )
<b>2019</b>	Outstanding Senior in Service Award in Psychology ( <i>One award given per year</i> )
<b>2015 – 2019</b>	Dean's List Undergraduate Honor Roll

### Travel Awards

<b>2022 – 2023</b>	Robert and Ruth Faris Liberal Arts Child Psychology Fund Travel Awards (\$2,800 total)
<b>2022 – 2023</b>	Society for Prevention Research Early Career Preventionists Network Travel Awards (\$800 total)
<b>2023</b>	Association for Psychological Science Annual Convention Award (\$200)
<b>2023</b>	Society for Research in Child Development Graduate Student Travel Award (\$300)

<b>2022</b>	Richard and Susan Sokolov Family Fund Travel Award (\$800)
<b>2021</b>	Association for Psychological Science Student Diversity Award (\$200)
<b>2020</b>	Robert and Ruth Faris Graduate Centennial Fund Travel Award (\$135)
<b>2019</b>	Montana IDeA Network of Biomedical Research Excellence Student Travel Award (\$500)
<b>2018 – 2019</b>	Associated Students of MSUB Travel Awards (\$1,700 total)
<b>2018 – 2019</b>	University Honors Program Travel Awards (\$1,500 total)

### Scholarships/Non-Travel Awards

<b>2023</b>	Karako Global Ambassadors Endowment Scholarship (\$1,000)
<b>2022</b>	Richard and Susan Sokolov Family Fund Awards (\$1,035 total)
<b>2021</b>	Society of Multivariate Experimental Psychology Minority Workshop Award (\$795)
<b>2017 – 2019</b>	Golden Heart Charitable Fund Scholarships (\$25,000 total)
<b>2016 – 2019</b>	University Honors Program Scholarships (\$11,500 total)
<b>2016 – 2019</b>	Yellowstone "A" Scholarships (\$8,000 total)
<b>2017 – 2019</b>	Associated Students of MSUB Scholarships (\$2,000 total)
<b>2016 – 2018</b>	International Student Scholarships (\$4,150 total)
<b>2016 – 2018</b>	John Self Rehabilitation Counseling Scholarships (\$2,500 total)
<b>2018</b>	Career Services Student AOSA Scholarship (\$250)
<b>2017</b>	Jane Buttrey Memorial Scholarship (\$1,500)
<b>2017</b>	Woeste UCM Scholarship (\$500)
<b>2017</b>	Wine Festival Scholarship (\$3,500)
<b>2016</b>	Housing & Residence Life High GPA Scholarship (\$450)

### Clinical Experience

<b>2019 – 2020</b>	<p><b>Behavioral Health Technician II</b>  <b>Inpatient Psychiatric Department, The Medical Center of Aurora   Denver, CO</b></p> <ul style="list-style-type: none"> <li>• Provided direct patient care to ensure safety, well-being, and recovery of pediatric, adolescent, and adult patients with psychiatric disorders</li> <li>• Implemented evidence-based interventions, including DBT and other cognitive therapy techniques, promoting positive coping and symptom management</li> <li>• Established rapport with patients and their families while maintaining therapeutic boundaries, fostering a supportive and empathetic environment that facilitated positive treatment outcomes</li> <li>• Led daily group therapy, facilitating sharing of experiences, promoting peer support, and providing psycho-educational guidance</li> <li>• Assisted in de-escalation, non-violent crisis interventions, and hands-on practices, ensuring a safe and controlled clinical environment</li> <li>• Entered daily quantitative and qualitative patient data, utilizing Meditech software</li> <li>• Communicated effectively across treatment teams</li> </ul>
<b>2017 – 2018</b>	<p><b>Addiction Counseling Intern</b>  <b>Rimrock Foundation   Billings, MT</b></p> <ul style="list-style-type: none"> <li>• Observed psychiatric evaluations and assessments; contributed insights into patient presentations, symptoms, and level of care needs</li> <li>• Counseled individuals with substance abuse and co-occurring disorders, utilizing techniques from CBT, DBT, and 12-step approaches to address addiction</li> </ul>



## Teaching Experience

<b>2021</b>	<b>Guest Lecturer</b>   “Psychology Research as a Career: Research-Intense Subfields”   The Pennsylvania State University
<b>2021 – 2022</b>	<b>Teaching Assistant</b>   <i>Psychology as a Science and Profession</i> (PSYCH 105)   The Pennsylvania State University
<b>2018</b>	<b>Teaching Assistant</b>   <i>Psychological Statistics</i> (PSYX 222)   Montana State University Billings
<b>2017 – 2019</b>	<b>Supplemental Instructor and Lead</b>   <i>Introduction to Psychology</i> (PSYX 101)   Montana State University Billings
<b>2017 – 2019</b>	<b>Tutor</b>   Statistics, RStudio, Psychology, Writing, French   Montana State University Billings

## Mentorship

### Student Thesis Mentoring

<b>2022 – 2023</b>	<b>Kelsey Evans</b> , Undergraduate Student   The Pennsylvania State University Honors Senior Thesis: <i>Does early exposure to interpersonal conflict increase the risk of internalizing and externalizing problems at kindergarten age? Moderation by parental sensitivity and child sex.</i>
<b>2022 – 2023</b>	<b>Katrina Herrera</b> , Undergraduate Student   The Pennsylvania State University Honors Senior Thesis: <i>Organic social media strategy for recruiting pregnant couples with a moderate-to-heavy drinking partner: Recommendations for expanding clinical trial recruitment.</i>
<b>2023</b>	<b>Nicolas Cunderlik</b> , Undergraduate Student   The Pennsylvania State University Senior Thesis: <i>The moderating role of BDNF polymorphisms in the relationship between caregiver internalizing problems and children’s internalizing problems.</i>
<b>2022</b>	<b>Megan Suomela</b> , Undergraduate Student   The Pennsylvania State University Senior Thesis: <i>Age of diagnosis, quality of life, and functional impairment among adults with ADHD: Differences between men and women.</i>

### Mentorship Roles

<b>2020 – present</b>	Undergraduate Student Mentoring, The Pennsylvania State University
<b>2021 – 2024</b>	Lead Mentor for Next-Gen Psych Scholars Program
<b>2021 – 2023</b>	Mentor for Peer Mentoring Program, The Pennsylvania State University

### Social Media Outreach & Resource-Sharing

<b>Sep 2023</b>	Invited Guest Speaker   “Grad School Applications: The Things that Stand You Out” (1.1K listeners)
<b>Sep 2023 – present</b>	Series Host   <i>Coffee Hour with Megi</i> (Free online XSpace series offering mentorship to underrepresented students in academia; overarching mission to improve diversity and representation) <ul style="list-style-type: none"> <li>“Pathway to Grad School: Tips for International Students”   Guest: Dr. Muntasir Masum</li> <li>“Pathways to Clinical vs Research-Intensive Programs”   Guest: Dr. Kristin J. Perry</li> <li>“Gap Year Journeys: Exploring the Pause Button on Life”</li> </ul>

## Community Service & Student Engagement

## Reviewing Experience

<b>2024</b>	Assistant Ad Hoc Reviewer, Developmental Psychology
<b>2023</b>	Assistant Ad Hoc Reviewer, Development & Psychopathology
<b>2022</b>	Assistant Ad Hoc Reviewer, Biological Psychology
<b>2022</b>	Volunteer Early Career Mentee Reviewer, Society for Prevention Research
<b>2022</b>	Volunteer Early Career Mentee Reviewer, Society for Research in Child Development
<b>2022</b>	Volunteer Reviewer for the Association for Psychological Science Student Research Award
<b>2022</b>	Volunteer Research Judge, Psi Chi Undergraduate Research Conference

## Advocacy & Student Engagement

<b>2023 – present</b>	Advocate for First-Generation @ Penn State
<b>2022 – present</b>	Advocate for Student Well-Being and Diversity, Equity, and Inclusion in Academia
<b>2022 – present</b>	Developmental Psychology Area Proseminar Coordinator, Pennsylvania State University
<b>2021 – present</b>	Journal Club in Statistical Methods and Analyses in Developmental Science, Co-founder
<b>2021 – 2022</b>	Graduate Student Recruitment Coordinator, Pennsylvania State University
<b>2019 – 2020</b>	Journal Club at the Social Detection Lab, University of Denver
<b>2016 – 2019</b>	Student Advisory Board, MSUB University Honors Program

## Community Service

<b>2015 – 2017</b>	Volunteer at Angel Horses, Montana
<b>2015 – 2016</b>	Volunteer at Horses Spirit Healing, Montana
<b>2015 – 2016</b>	Volunteer at Mental Health Center/The Hub, Montana

## Professional Affiliations

<b>2022 – present</b>	International Society of Substance Use Professionals (ISSUP)
<b>2022 – present</b>	European Society for Prevention Research (EUSPR)
<b>2022 – present</b>	Society for Prevention Research (SPR)
<b>2022 – present</b>	SPR Early Career Preventionists Network (SPR ECPN)
<b>2022 – present</b>	Golden Key International Honour Society
<b>2021 – present</b>	Society for Research in Child Development (SRCD)
<b>2021 – present</b>	Association for Psychological Science (APS)
<b>2021 – present</b>	Eastern Psychological Association (EPA)
<b>2018 – present</b>	Psi Chi, the International Honor Society in Psychology
<b>2018 – present</b>	American Association of University Women (AAUW)
<b>2020 – 2022</b>	International Society for Developmental Psychobiology (ISDP)
<b>2018 – 2020</b>	American Psychological Association (APA)

## Workshops & Relevant Trainings

<b>Spring 2024</b>	Meta-analysis   Pennsylvania State University
<b>2023</b>	Latent Class Analysis   Statistical Horizons
<b>2023</b>	Multilevel Methods for Developmental Research   Pennsylvania State University

- 2022** | Applied Data Mining | Pennsylvania State University
- 2022** | Latent Class/Cluster Analysis and Mixture Modeling | CenterStat
- 2022** | Introduction to Time-Varying Effect Modeling | Pennsylvania State University
- 2021** | Longitudinal Structural Equation Modeling | CenterStat & Pennsylvania State University
- 2021** | Machine Learning: Theory and Applications | CenterStat

## References

\*\*\* Available upon request \*\*\*